



# ULTRA

## D I V I S I O N

### **What it is:**

A race to see who can complete the Terrier Tough course as many times as possible in a 3-4 hour period

### **Who can compete:**

- Any non-student competitor who has completed a marathon, half-marathon, or multiple 10Ks in the past 2 years
- Competitors must be physically capable of completing rigorous obstacles over the course of 10+ miles, for more than three hours
- Individuals compete against each other instead of teams

### **Race logistics:**

- Ultra competitors will leave together in the first heat
- Different colored bibs/armbands will distinguish from other racers
- A cutoff time will indicate the final lap of the race
- The winner of the Ultra Division is the person who completes the most laps in the fastest time
- Obstacles that require an entire team to complete will be exempted
- Competitors will have a secure area near the start/finish to store any food, dry clothing, etc. they wish to provide for themselves. Racers are responsible for maintaining proper levels of nutrition and hydration beyond what is provided.

### **Registration:**

- Cost: \$75 per person
- Register online at [www.rhhsterriertough.com](http://www.rhhsterriertough.com)